Shrimp and Corn Soup

2 Tbsp flour

4 Tbsp oil

1/2 Cup chopped onion

3 Tbsp tomato paste

1/2 Cup chopped bell pepper

3/4 Cup chopped celery

5 Cups hot water

Salt & Pepper to taste

1 Can whole kernel corn

1 Can cream style corn

1 Dash cayenne

2-3 Bay leaves

1 lb Peeled and deveined shrimp

Heat oil in pot. Make roux until light brown. Add onion, bell pepper and celery. Cook 10 minutes.

Add everything else except shrimp. Simmer 30-45 minutes.

Add shrimp and cook 15-20 on medium-high heat.

Serves 6

Courtesy of
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