

# Susan's Rockin' Taco Soup

Servings: 12

Prep Time: 20 minutes

Cook Time: 40 minutes

## Ingredients:

2 lbs ground beef  
2 medium onions, chopped  
1 bell pepper-chopped  
1 pkg taco seasoning  
1 pkg Hidden Valley Ranch dressing mix  
3 ½ cups water  
2 cans Rotel tomatoes  
2 (14.5 oz) cans whole kernel corn  
1 (14.5 oz) can diced tomatoes  
2 (14.5 oz) cans kidney beans

## Directions:

1. In large soup pot brown ground beef, onions and peppers. Drain well.
2. Add taco and ranch seasoning mixes to meat mixture.
3. Add water.
4. Add all canned ingredients undrained.
5. Simmer 30 minutes.

## Serving suggestions:

Top soup with any or all of the following:  
Crushed tortilla chips, shredded cheese,  
sour cream, diced avocados, green onions

Courtesy of  
Dr. Catherine Hebert  
Endodontic Center