

Roasted Eggplant and Peppers

1 eggplant, peeled, halved, and sliced
2 red bell peppers, cut in thick strips
1 green bell pepper, cut in thick strips
1 onion, sliced
1/4 cup extra-virgin olive oil
Fresh basil (optional)

Preheat the oven to 350°F. Place the eggplant, peppers, and onion in a nonstick baking dish.
Drizzle with the oil. Bake in the oven for 20 minutes, basting regularly.

Arrange the vegetables on a serving dish and garnish with fresh basil, if using.

Courtesy of
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